

DIGNO GO   
GOURMET BIKE TOURS

# HOLLAND

LUXURY



## Day 1

**Today's Ride:** 29 Miles (300' Elev. Gain)

On your first day meet your trip leaders at the Goes train station, and transfer for a delicious lunch in Veere. An authentically historic town, Veere makes you feel as if you took a trip back into history. Veere Meer Lake is a fun past time for locals and visitors alike, and if you are interested in getting some very unique views of Walcheren, you should go to the top of the Great Church, also referred to as Grote Kerk or the Campversee Tower.

You finish up your exciting day at the Hotel Manoir Inter Scaldes that dates back all the way to the 1920's. In the lovely garden there, beautiful trees line the lush landscape, and the setting itself radiates relaxation. Dinner is prepared there by Chef Jannis Brevet at Inter Scaldes another place with great food options and wine selection. Chef Brevet learned the trade of marvelous cooking early on, and their selection of great meals include lobster, oyster and mussels. Now you can settle into your suite as you unwind, get some rest, and begin preparing yourself for the fun-filled day that awaits ahead on Day 2.

## Day 2

**Today's Ride:** 36 Miles (400' Elev. Gain)

**Short Option:** 23 Miles (300')

**Long Option:** 44 Miles (500')

Today, you take a nice, casual bike ride to Nisse. Nisse has a beautiful community surrounded by beautifully restored houses, cattle, and has a gothic church that you want to get pictures of.

In the afternoon, cycle to Yerseke, a city that is known for its trade of mussels and great tasting oysters. The main church in the town is the Dutch Reformed Church, a historical landmark in itself. There is reliable transportation there as well, notably its helpful railway.

Following a nice visit of Yerseke, jump in the minivan for a transfer toward our final destination of the day arriving at the Hague and your hotel, l'Hotel des Indes. An 1858-built property, this posh hotel features a grand

lobby with chandeliers and lies a minute's walk from Escher Museum.

In the evening, make your way into town and choose from the many restaurants in the Hague cobblestoned streets.

## Day 3

**Today's Ride:** 32 Miles (300' Elev. Gain)

**Short Option:** 19 Miles (200')

**Long Option:** 45 Miles (500')

Today is one that every visitor to this wonderful region looks forward to. This is the day that the entire group transfers to Kinderdijk's UNESCO World Heritage site. It is at this location that tourists get to see the vast array of 19 powerful windmills over the landscape up close and in person. That being said, you may also take the time to penetrate one. Windmills also helped to drain the soil at one point in the country's rich history, and some of them are still functioning today.

Next, you bike to Gouda for lunch on your own. Gouda itself has a population of over 70,000, and is located in the Western part of the Netherlands in the South Holland Province.

In the afternoon, jump back on your bike for some more cycling through classical Dutch countryside before arriving back at the Hague and your hotel.

Dinner tonight is at the splendid restaurant Hotel des Indes.

## Day 4

**Today's Ride:** 38 Miles (800' Elev. Gain)

**Short Option:** 22 Miles (400')

**Long Option:** 41 Miles (900')

This is the day that you cycle through the "Beverly Hills" of Holland. In fact, Noordwijk has some of the most beautiful flower fields and is actually nicknamed the Dune and Bulb Region. Wassenaarders are what the residents of Wassenaar are referred to as a World War II bunker can be found on the route there.

Lunch is after biking past the lush farmlands in the town of Lisse. There are many charming restaurants you can choose from for lunch on your own.

Later and depending on the time of the year you travel, you have the opportunity to take a walk thru the Keukenhof gardens, a 7-acre park where seven million flowers are on display for everyone to see. Remember that the park is only open from mid-march to mid-may.

In the afternoon, we bike next to plenty of lush farmland and coastal dunes. Netherlands itself actually means lowlands, and if it wasn't for the well-crafted array of sea-walls, dunes, canals, levees and dikes, around 50% of the entire region would be flooded.

Tonight hotel is the Landgoed Duin & Kruidberg, an estate of exceptional beauty.

In the evening, dinner is held at the hotel restaurant.

## Day 5

**Today's Ride:** 37 Miles (700' Elev. Gain)

**Short Option:** 24 Miles (500')

**Long Option:** 49 Miles (1000')

Today is a peaceful bike ride through the verdant countrysides, meandering canals and coastal forest on your way to Alkmaar. This city is in the province of Noord Holland. You go along the beautiful Zuid-Kennemerland National Park which has been established since 1995. Its 38 kilometers wide, and its main features are its sand dunes. There are also coastal beaches, forests, and estates that you view as you stroll through this unique region.

Take a break in the town of Alkmaar for lunch on your own.

In the afternoon, cycle back toward your hotel where you have the time to unwind and relax before dinner.

Dinner is at the Hotel Landgoad Duin & Kruidberg. The renowned Executive Chef Alain Alders is very experienced in his passion. From your starter to your main course to the desserts to the fabulous wines, he gets it right every time.

## Day 6

Enjoy breakfast at the hotel Landgoed Duin & Kruidberg one last time before meeting up with your trip leaders. From here, a short drive to the Amsterdam airport marks the end of the tour and of this unforgettable trip through Holland.

## Trip Accommodations

### 4 & 5 Star Hotels



#### **Inter Scaldes \*\*\*\* (1 Night)**

Phone: +31 113 381 753

[www.interscaldes.eu](http://www.interscaldes.eu)



#### **Hotel des Indes \*\*\*\*\* (2 Nights)**

Phone: +31 703 612 345

[www.hoteldesindes.nl](http://www.hoteldesindes.nl)



#### **Landgoed Duin & Kruidberg \*\*\*\* (2 Nights)**

Phone: +31 235 121 800

[www.duin-kruidberg.nl](http://www.duin-kruidberg.nl)

## Included/Not Included

### Price Includes

- All breakfasts, 1 lunch and 4 dinners
- Multiple daily routes
- A fully equipped bicycle: the Fuji Absolute 1.1 Disc
- Handlebar bag, helmet and water bottle
- Garmin GPS with easy to follow directions
- 1 leader for every 3 guests
- Snack & drinks during the day
- Gratuities at hotels and restaurants
- Guided tours, tastings and entrance fees
- A leader offering minivan support
- Luggage transfers
- Porterage
- Minivan transfers during the trip
- Local guides and experts
- An email a few days prior to your trip

### Price Excludes

- Transportation to & from pick-up/drop-off locations
- Pre or post trip lodging
- Minibar, massages, non scheduled activities, etc
- Alcoholic beverages
- Road bike or e-bike
- Gratuities for your Leaders

## Meeting & Departing Information

### Meeting Location

Meet your DIGnGO Trip Leaders, in front of the Goes train station **ticketing office** at 11.30 AM. From here, shuttle 30 minutes to the start of our first bike ride. Be sure to wear your cycling outfit so you are ready to ride.

### Arriving Late to the Meeting Location

If you have a delay on the first day of the trip, please email or call your trip leaders as their contact information will be emailed to you 48 hours prior to the trip start.

If you arrive late to the meeting location and do not see your trip leaders, you may take a taxi to the first night's hotel.

### End of the Trip

The trip ends at the Schiphol Amsterdam Airport. DIGnGO Trip Leaders provide transportation, arriving at about 12.00 PM. Please make sure to book a flight no earlier than 02.30 PM.

### How to get to the Meeting Location

Trains run from Amsterdam to Goes many times a day. You may buy your train ticket(s) at the train station, on your date of travel but we recommend that you buy it before. To make a reservation, EU citizen should go to [www.voyages-sncf.com/en/](http://www.voyages-sncf.com/en/). If you leave outside of the EU, go to [www.raileurope.com](http://www.raileurope.com). Please note that tickets become available 3 months in advance. Delays can occur if there are any timetable changes or the railway company has scheduled track maintenance.

### How to Get to Downtown Amsterdam From the Airport

The cost of a taxi to get to downtown Amsterdam is around \$55 (USD). For taxi service we recommend that you either book a taxi before your arrival online with this company [www.tcataxi.nl](http://www.tcataxi.nl) or that you take a taxi at your arrival.

## Travel Essentials

### How to Pack

Due to the limited space in our minivan, we ask you to limit the number of bags you bring to 1 suitcase and 1 carry-on luggage. In order to deliver your bags to your room, we ask that each bag has a clear luggage identification tag.

### What to Wear for Dinner

Please remember that whether you dine at a Michelin-starred restaurant or at a local bistro you should feel comfortable. Men should wear dress pants with a shirt or a polo. Jackets are not required. Women should wear a dress, skirt, dress pants with a nice top. Sneakers, shorts and jeans are not recommended for dinners.

### What to Wear while on the Bike

In order to feel comfortable, we recommend that you buy a pair of padded cycling shorts. There are many brands out there but a good quality one is best if you don't want to feel sore after a day of biking. We also recommend wearing a cycling jersey. In case of bad weather, a windbreaker and a rain jacket will keep you warm and dry.

### Meals

Dinners are a combination of amazing local restaurants and gourmet meals. The first lunch is included. 4 lunches and 1 dinner are not included, for you to try local cuisine on your own. Alcoholic beverages are at your own expense.

### Spa Treatments

Please note that spa treatments are not included in the trip price. If you wish to make an appointment, we recommend that you call your hotel and make a reservation ahead of time. However, make sure to book an appointment after 5.00 PM.

### Tips & Gratuities

Please note that your trip leaders also rely on tips. Gratuities may be given at your discretion at the end of the trip according to the trip leaders professionalism. Industry standard is 5-10% of the trip price per team of leaders.

## Destination Facts

### Climate

It has a moderate climate with mild winters, cool summers and a fair bit of rainfall.

*To convert from Fahrenheit to Celsius in your head you can subtract 30 from the Fahrenheit figure and halve the result.*

Average	Jan	Feb	Mar	Apr	May	Jun
High F	44	43	49	52	60	63
Low F	38	37	42	44	51	52
Prec. (In)	2,7	1,9	2,6	2	2,3	2,8
Average	Jul	Aug	Sep	Oct	Nov	Dec
High F	68	68	63	56	49	45
Low F	54	54	50	49	42	34
Prec. (In)	2,9	2,7	2,5	2,8	3,2	3,3

### How to Dial Internationally

All phone numbers provided by DIGnGO are listed using the following format:

+ Country Code (0)# ## ## ## ##

Wherever you are calling from, make sure to dial + or 00 - *country code of country to which you are calling (ex. 33 for France) - local number.* If you see a (0), you must drop this digit when dialling the number.

### Electric Current

Please note that in Europe electricity runs on a 220-volt. Most higher-end electronics have built-in voltage adapters so the voltage difference doesn't matter, however, you will still need a plug adapter. Before traveling to Europe, check the voltage of the electronics you will bring along with you. Your electronics will display the voltage in which your device operates. It will be printed near the plug or on the power brick.

## Documents, Cancellation & More

### Travel Documentations/Visa

All guests must have passports valid for six months following the departure date. Even though a visa is usually not required if you are staying less than 90 days in the country, you are advised to check with the consulates of the countries you will visit to determine which documents you must obtain.

### Travel Insurance

Contact our office to receive a copy of the All-Inclusive plan full description of coverage.

### Cancellations & Refunds

In case of cancellation, the cancellation fees are as follows:

- 91+ days before departure: Non refundable amounts
- 90 to 61 days before departure: 30% of the trip price
- 60 to 31 days before departure: 50% of the trip price
- 30 to 0 days before departure: 100% of the trip price

In case of cancellation, please note that exceptions to this policy cannot be made for any reason.

On the rare occasions when DIGnGO must cancel a trip, all payments received to date will be refunded, which constitutes full settlement. DIGnGO is not responsible for any personal expenses incurred in preparation for any cancelled trips.

### Transfers

You may transfer from one trip to another up to 91 days before the departure of the trip, after that our cancellation policy applies.

### Itinerary Changes

In some rare unforeseen circumstances some activities, restaurants, hotels, etc... might change. In case of hotel, we will make sure you get to stay in a hotel of the same standards.

### Valuables

Valuables are 100% your responsibility. During the trip, do not leave any valuables in DIGnGO vans as we do not assume responsibility for any damage, loss or if they are stolen.

## Frequently Asked Questions

### **Can you pick me up at a different location?**

No, everyone is coming from a different location so your trip leaders will meet all of you at the starting location.

### **At the end of the trip, can you drop me off at a different location?**

No, your leaders can't go to different locations, that is the reason why there is a drop off location for everyone.

### **I have to take a train at 7.30 AM & drop off time is 12.00 PM, can the trip leaders take me early?**

Unfortunately we cannot accommodate multiple shuttles. If you need to go earlier, contact the front desk of your hotel as they will be glad to book a taxi for you.

### **Do you recommend bike shoes for riding?**

It takes time to get used to riding with bike shoes and unless you are used to riding with bike shoes, sneakers are fine. However, if you decided to bring your bike shoes, you also need to bring your own pedals.

### **Should I bring a helmet?**

Helmets are included but if you would rather bring your own, you're welcome to do so.

### **Can I adjust my bicycle stem?**

Our touring bikes come with an adjustable stem allowing you to raise the handlebar so you have a more upright riding position.

### **What do you mean by multiple daily routes?**

Each day we offer a range of mileage options and you decide how much activity you want to do.

### **Do you include alcoholic beverages?**

DIGnGO includes alcohol during some activities. However, during lunch and dinner, it is not included and it is your responsibility to pay the bill.

### **How does it work for extras at the hotel?**

Extras are your responsibility and the bill needs to be settled before you leave the hotel.

### **Should I bring my luggage down or leave it in the room when we change hotel?**

Please bring it down to the lobby or have the staff of the hotel bring it down for you. Your trip leaders will then take care of the bags.

### **Should I carry my helmet, seatpost bag and water bottle in the room at night?**

Please do, those are yours for the entire week and in order not to mix them with everyone else, we ask to bring all the materiel with you in the room. The only thing that you need to give your trip leaders is the Garmin GPS as they need to charge it for the next day.

### **Is there a minivan along the route during the day?**

Yes, do not hesitate to ask for a ride if you need one.

### **Can I ride at my own speed?**

Each bike has a Garmin GPS with pre-loaded routes allowing you to find your way.

### **Do we start cycling early?**

Most days, you start cycling between 8.30 & 9.00 AM

### **How to ride pain-free?**

A pair of padded cycling shorts is definitely a great investment.



## Cycling Safety

### The Rules

- Wearing a helmet on a DIGnGO trip is required.
- While you're riding your bike, ensure that you are using good judgment and being aware of your surroundings. The unexpected can happen in an instant and maintaining alertness will ensure that you, and those around you, are safe.
- Do not wear headphones while riding as they will likely drown out important sounds and distract your attention.
- Avoid riding side by side but instead try to "ride single file". Leave enough space between yourself and the rider in front of you for a car to fit.
- If you are traveling downhill, increase the distance between yourself and others to ensure your ability to stop, should someone ahead of you brake suddenly.
- Be courteous to other riders and motorists, especially near intersections, driveways, parked cars, and other places as they may not be aware of you.
- In some countries, you will find intersections with no traffic signals. In that case, please note that other vehicles have the right away.
- Stop at all red lights and stop signs.
- Make sure to yield to pedestrians.
- As you are about to turn, communicate your intention to others around you by using recognised hand signals.
- Avoid road obstacles such as potholes, rocks, etc. While going over rough terrain, such as gravel, sand, or rocks, make sure to downshift.
- While riding downhill make sure that you are using both brakes in order to control your speed and avoid "glazing over".

## Pre & Post Trip Lodging Options

### Room Rate Guide

(Per Night)

0 to 100€.....	€
101€ to 200€.....	€€
201€ to 300€.....	€€€
301€ to 400€.....	€€€€
401€ to 900€.....	€€€€€

### Goes

Van der Valk Hotel

[www.hotelgoes.nl](http://www.hotelgoes.nl) | Rates: €

Hotel Terminus

[www.hotelterminus.nl](http://www.hotelterminus.nl) | Rates: €

Hotel Katoen

[www.katoengoes.nl](http://www.katoengoes.nl) | Rates: €€

### Amsterdam

Hotel Seven One Seven

[www.717hotel.nl](http://www.717hotel.nl) | Rates: €€€€€

The Toren

[www.thetoren.nl](http://www.thetoren.nl) | Rates: €€

Sofitel Legend the Grand Amsterdam

[www.sofitel-legend-thegrand.com](http://www.sofitel-legend-thegrand.com) | Rates: €€€€€

Waldorf Astoria Amsterdam

[www.waldorfastoria3.hilton.com](http://www.waldorfastoria3.hilton.com) | Rates: €€€€€€

Hotel Estherea

[www.estherea.nl](http://www.estherea.nl) | Rates: €€

The Posthoorn

[www.posthoornamsterdam.com](http://www.posthoornamsterdam.com) | Rates: €€

Banks Mansion

[www.carlton.nl](http://www.carlton.nl) | Rates: €€€

Ambassade Hotel

[www.ambassade-hotel.nl](http://www.ambassade-hotel.nl) | Rates: €€

Hotel Sebastian's

[www.hotelsebastians.nl](http://www.hotelsebastians.nl) | Rates: €€



# DIGnGO's Packing List

## Travel Documents

- This document
- Passport
- Visa
- Air transportation confirmation details
- Rail transportation confirmation details
- Pre/post trip lodging confirmation details
- Cash (€)
- Credit Cards

## Electronics

- Plug adapter
- Cell Phone & charger
- Camera & charger

## Cycling Clothing

- Padded cycling shorts
- Cycling jersey
- Cycling Jacket
- Bike shoes & pedals
- Sneakers
- Cycling gloves
- Rain jacket
- Cycling pants
- Arm warmers

- Leg warmers
- Shoe covers & booties
- Cycling headband or cap

## Personal Items

- Medication
- Eyeglasses, contacts, contact lens solution
- Sunscreen
- Swimsuit
- Travel journal/notepad and/or reading material
- Bike Helmet